

Learning you have cancer is traumatic

Talking to someone who's gone through this really helps me

I feel a lot less alone

Friend for Life listens. They matched me with someone who had similar treatment and it helped so much

I have learned empathy, compassion and strength

My experiences here so far are amazing. I love Friend for Life!

Face cancer with someone who's been there.

Friend for Life  
Cancer Support Network



**So many questions... Face cancer  
with someone who's been there.**

**Caring  
Confidential  
Cost-free**

**Friend for Life can help.**

We are a network of cancer survivors and caregivers who provide one-on-one emotional support and understanding to help you navigate through fears and uncertainties.

Friend for Life can pair you with a trained volunteer who has experienced the same type of cancer and similar treatment.

**Since 1988, we've helped  
thousands of people  
navigate their path  
through diagnosis,  
treatment and recovery.**

**friend4life.org**

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